

## **TEEN FITNESS ROOM POLICY**

The fitness room at the Sports Club is open to all Highland Creek residents and guests who are a minimum of sixteen years old, provided that teens under eighteen years old...

1. Are residents of Highland Creek.
2. Come to the Sports Club accompanied by a parent or guardian with proper ID. Both parties must review and sign the Authorization/Contract in front of a Sports Club employee.
3. The Sports Director will schedule a session for instruction on the fitness room equipment. He/she will sign the Fitness Center contract, and give to office staff to be filed.
4. Upon completion of training with the Sports Director, office staff will make a new ID card for the resident with "FC" under the resident's name indicating they have been trained for the Fitness Center. If the card is lost, a \$10 fee will be charged for a replacement.
5. If the teen is disruptive or does not follow the rules he/she will have one warning; if it happens again, his/her ID will not to be returned to him/her. He/she will not be permitted back in the Fitness Center.

